



Home Activities, Lessons, Family Resources and More

(Updated 3/25/20)

Sensory Fun

<https://pin.it/2n8RwBa> Gingerbread Playdough

<https://www.thisgrandmaisfun.com/sensory-activities-kids-autism/> Recipes for many sensory activities

<https://pin.it/6qB5CNf> Dollar Store Sensory Bag Recipes

<https://pin.it/72PDAT3> Ball Maze Sensory Bag- My Fav!!!!

<https://www.skootlebox.com/> Skootle Box (Use code FIRST15 for \$15 off your first box)

https://www.google.com/aclk?sa=l&ai=DChcSEwjRio6zmKnoAhUXeIYKHfabBU0YABAAGgJ2dQ&sig=AOD64_2wyHhnhN_j0ZoJPQXEIxeasX8X9Q&q=&ved=2ahUKEwiHpYWzmKnoAhUhgnIEHaWOB_4Q0Qx6BAGREAE&adurl= Make Your Own Sensory (Stress) Ball

Art Projects, Indoor and Outdoor Activities

<https://pin.it/7p2VCeR> Fork Painting (Flowers)

<https://pin.it/90kQqZw> Shamrock Painting

<https://pin.it/2P5ckET> Shaving Cream Art

<https://pin.it/6LQQarn> ABC Painting

<https://mommypoppins.com/family/coronavirus-pandemic-update-indoor-activities-resources-kids> Mommy Poppins' Indoor Activities Guide(Hundreds of Resources)

22 Art Project Ideas-

<https://www.merakilane.com/art-therapy-for-kids-22-activities-to-help-your-child-cope-and-heal/>-

<http://theinspiredhome.org/diy-paintbrushes-for-kids/> DIY Paintbrushes from household items

<https://www.parentingspecialneeds.org/> Parenting Special Needs (activities, lessons and more!)

Literature with Activities

www.petethecatbooks.com/activities - Eric Litwin(Pete the Cat)

<http://www.paper-and-glue.com/2016/02/all-about-authors-leo-lionni.html> Leo Lionni

<https://www.fantasticfunandlearning.com/activities-to-go-with-books-by-laura-numeroff.html>

Laura Numeroff - If You Give ...

<https://eric-carle.com/resources/downloads-and-activities/> Eric Carle

<https://pin.it/3lIX2uf> Activities for The Very Hungry Caterpillar - Autism Adventures

www.janbrett.com/index Jan Brett

Workouts and Physical Activities

https://www.youtube.com/watch?v=McD6_oOWs-M Fitness Blender- Kid Friendly Workout

<https://www.youtube.com/watch?v=dhCM0C6GnrY> Jumping Jacks Gym- Kid Friendly Workout

<https://youtu.be/Dq1XBAkIZEM> Adaptive Yoga for Kids



<https://www.youtube.com/watch?v=S9Yd9eV3RqQ> Fun At Home Workout For Kids

<https://101mobility.com/blog/wheelchair-exercises/> Adaptive and Wheelchair Friendly Exercises

<https://www.facebook.com/planetfitness/> Planet Fitness (offering free daily streaming workouts)

<https://www.pinterest.com/pathstoliteracy/games-for-children-who-are-blind-or-visually-impaired/>

Exercises for visually impaired

<https://momypoppins.com/newyorkcitykids/25-exercise-games-indoor-activities-for-kids> 25

Exercise and Indoor Activities To Get Kids Moving!

<https://www.specialstrong.com/special-needs-home-exercises/> Top Special Needs Exercises To Do At Home

Visual Schedules / Video Modeling

<https://www.teacherspayteachers.com/Product/FREE-Home-Schedule-for-School-Closures-5333595> Home Schedule

https://abavisualized.com/?fbclid=IwAR2Qzqyk6Xd0Rz5kEVZavmzZeExoqzTgWos4PnoNQDCX_m6KC5g2CCo18TI Handwashing Visuals

https://www.marybarbera.com/teaching-hand-washing-autism/?utm_source=Infusionsoft&utm_medium=Weekly%20Facebook%20Live&utm_campaign=3/13%20-%20Coronavirus%20+%20Autism%20Help&inf_contact_key=a14815e0247a60530de0789e77b66f8d680f8914173f9191b1c0223e68310bb1 Handwashing Video

<https://www.youtube.com/watch?v=ZD9KNhmOCV4&feature=youtu.be&fbclid=IwAR3t01CJTDFI8UFcNJsckiDuO11vog-VWBtln8P35edGYepHop6UNvFXcBY> The Yucky Bug

Story

https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6576200_1.pdf?0.9405035283981562 School Closure Toolkit

<https://www.teacherspayteachers.com/Product/No-Prep-ABA-Autism-Bundle-Print-GO-5271156> ABA No Prep Autism Bundle (By a BCBA!)

Learning Websites / Free Lessons

www.storylineonline.net Storyline - stories read to you!

www.Starfall.com Star Fall

www.switcheroozoo.com Switcheroo Zoo

www.pbskids.org PBS Kids

<https://classroommagazines.scholastic.com/support/learnathome.html> Scholastic-Free Lessons

<https://www.notimeforflashcards.com/2020/03/learning-at-home-during-coronavirus-school-closures.html> No Time For Flashcards (free lesson plans)

<https://www.abcmouse.com/abt/homepage?8a08850bc2=T1233291048.1584467527.485> ABC Mouse (Free 30 Day Trial - *note, each age level may have a different discount code)



https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/mo
[bilebasic](#) Virtual Field Trips

<https://adventuresinfamilyhood.com/20-virtual-field-trips-to-take-with-your-kids.html> More
Virtual Field Trips

<https://mailchi.mp/pittsburghzoo/bringing-the-zoo-to-you?e=9e409ece43> - Pittsburgh Zoo
Brings the Zoo to You!

<https://www.havefunteaching.com/> Have Fun Teaching(Free Relief Packets by grade level)

https://www.dropbox.com/sh/qt5azfmg6jo0d3/AABlfSA5O0Y74DzdpF0NW8MLa?dl=0&fbclid=IwAR1_nn5kwVLZ1ikd6KYwdypvUr7UfSKD7e0mibV10vDO2YiXEMxbxHpTytU Free Downloads
from Autism Helper - Homework and Learning Ideas

<https://classroommagazines.scholastic.com/support/learnathome.html> Scholastic Daily
Lessons

<http://amazingeducationalresources.com/> List of educational websites offering free
subscriptions

www.funbrain.com Fun Brain (Free Learning Website)

[https://parentpoweredpbcc.acemlnb.com/lt.php?s=1c8cbe0d9ecc0a020959831a84394401
&i=205A412A33A1299](https://parentpoweredpbcc.acemlnb.com/lt.php?s=1c8cbe0d9ecc0a020959831a84394401&i=205A412A33A1299) Ready 4K-(MSDE-approved)

<https://www.weareteachers.com/free-online-learning-resources/> We Are Teachers - Free
Learning Resource

<https://www.buzzfeed.com/melissaharrison/educational-resources-activities-kids-coronavirus>
Melissa Harrison's 18 At Home Ideas, Lessons and Activities

<https://www.facebook.com/1151516258201233/posts/3140820635937442/?d=n> ABA
Inside Track - Toys, Activities and Home Lessons

<https://readingeggs.com/access4all> Reading Eggs (Sign up with code EDM900US)

<https://s1074512.wixsite.com/website-1> Remote Learning Supports

Information on the Coronavirus and Social Stories for Children

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/> BrainPop on
Coronavirus

https://www.marybarbera.com/teaching-hand-washing-autism/?utm_source=Infusionsoft&utm_medium=Weekly%20Facebook%20Live&utm_campaign=3/13%20-%20Coronavirus%20+%20Autism%20Help&inf_contact_key=a14815e0247a60530de0789e77b66f8d680f8914173f9191b1c0223e68310bb1 Autism Speaks resources on COVID-19

https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6552153_1.pdf?0.85841887098649 Coronavirus social story 1

<https://img1.wsimg.com/blobby/go/6208a826-b750-46ad-9f7c-1d815ff9ec0d/downloads/Pi>
Coronavirus social story 2

<https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals>



[%20with%20Autism%20through%20Uncertian%20Times%20Full%20Packet.pdf](#) Supporting Individuals with ASD Through Uncertain Times - Strategies, Schedules, Stories and More

Free Webinars for Parents and Caregivers

<https://www.eventbrite.com/e/the-annual-parent-autism-conference-2020-now-being-offered-online-tickets-91197725853?aff=ebdssbeac> Annual Autism Conference

<https://www.autism.org/webinars-autism/> Autism Research Institute

Internet Options

<https://www.internetessentials.com/covid19> Comcast is providing free "internet essentials" package (in their areas of service) for two months for new qualifying customers

Emergency Assistance for MD Families

<http://dhs.maryland.gov/weathering-tough-times/emergency-assistance/>

For Washington County MD Families

Low-income families, who live in Antietam Broadband's service area, with a student attending Washington County Public Schools can sign up for the Antietam Edu-Net Program and get the first 60 days free. Learn more here:

https://www.antietambroadband.com/files/AntietamBroadband_2019_WCPSInternetProgram_FI

Emergency Assistance for PA Families

<https://www.health.pa.gov/topics/programs/Pages/Help-in-PA.aspx>

Emergency Assistance for WV Families

https://www.needhelppayingbills.com/html/west_virginia_assistance_progr.html